

# E-BOOK SAMPLE

## VIDEO

The video is very important as you might have heard. If you have not heard about the video let me explain. A video is like a calling card for you. Most coaches will request a video if they have an interest in you. This is a video of the player's skills. Most coaches do not want live game footage. They want to see your hitting, fielding, bunting, running, pitching, and catching skills on tape.

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